

Ellis School Newsletter

432 Main St. Fremont, NH 03044

www.sau83.org



News from the Nurse

FREE Prescription Discount Cards from the Rockingham County, NH are available in the Nurse's Office. Caremark is the administrator of the card and are sponsored by the National Association of Counties. Please stop by and pick one up if you have prescription medications not covered by insurance. You can visit www.caremark.com/naco or call 1-877-321-2652 for more information.

Bike helmets, ski helmets offered through the Dartmouth-Hitchcock Medical Center will be available to order at the GO GREEN GO HEALTHY wellness fair on 2/7/09 from 9:30-12:30. There is an order form attached with the news letter for the helmets at a great price. There will also be helmets raffled off at the health fair. You can go to www.cnsprogram.org or call 1-800-642-3123. Sample helmets are available in the nurse's office.

I am sure you are aware of the Salmonella Typhimurium outbreak regarding peanut butter. This is connected with a plant owned by the Peanut Corporation of America (PCA). The recall information can be found on the Food and Drug Administration (FDA) web page at www.fda.gov/oc/opacom/hottopics/salmonella. We do not serve peanut butter or peanut products at Ellis School.

PLEASE, COME TO THE GO GREEN GO HEALTHY wellness fair on February 7, 2009 from 9:30-12:30. This is opened to the Fremont Community and should be fun and educational for all who attend.

January 30, 2009

Upcoming Events:

- **February 7– Go Green Go Healthy Wellness Fair**
- **February 13– Middle School Dance**
Grades 6-8 only
- **February 23-27 No School**
February Break

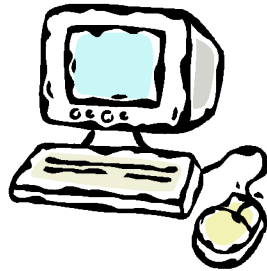


NEW BICYCLE LAWS HAVE TAKEN EFFECT IN NH!

As of January 1, 2009, NH State Lawmakers have passed new legislation requiring all motorists to pass bicyclists with at least 3 feet of clearance. As an added safety measure, cars are required to add an additional foot of clearance for every 10mph increment they are traveling over 30 mph. (40 mph would require 4 feet of clearance, etc.)

The law also allows bicyclists to pass cars on the right hand side when safe to do so, and to use designated turning lanes. The law also includes the requirement for bicyclists to be wearing at least ONE item of reflective clothing when riding after dark. Also remember, that it is a NH State Law that all individuals under the age of 16 wear a bike helmet when riding! As more people begin using bicycles for pleasure and transportation, let's all work together- drivers AND riders- to make our roads safer for everyone!

Computer Class With Ms. Kenney



5/6 grade social studies

In fifth grade Mrs. Wentworth is teaching mapping skills (latitude and longitude.) The 5th graders are making maps of there journey to the center of the earth. They start somewhere in the United States and they will end at the volcano of there choice. (Out of the country) She is hoping to be finished in two classes. In 6th grade Mrs. Wentworth is teaching her students about ancient China. The 6th graders are learning about ancient China's culture, traditions and art. She hopes to be finished in 3 weeks of classes.

First off Ms. Kenney welcomes you to your new specials. Grades 1 and 2 are working on Inauguration 2009. They are doing kids activities that have to do with the Inauguration. Grades 3 and 4 are working on the Oval Office Cyber Hunt. Grades 5 and 6 are working on their portfolio reflections. They have to write a reflection on all of their portfolios. Finally grades 7 and 8 are working on Google Sketchup and doing virtual tours of their Google Sketchups.

By: Megan A. and Taylor B.



By: Jamie Francis 6K

SUPPORT YOUR 6TH Graders



The 6th grade class will be selling carnations to help raise money for Sargent Camp. Send a Flower to your favorite teacher, best friend, or any special middle school student! The cost of the flowers will be \$1.00. Orders will be taken during lunch on Wednesday 4 Feb, Thursday 5 Feb, Friday 6 Feb, Monday 9 Feb, Tuesday 10 Feb, and Wednesday 11 Feb. All Flowers will be delivered by the 6th Grade class on 13 February. Parents, Want to send your student a flower? Contact the main office for a form!

Free Screening for Children 5 and Below

The Pre-School is holding a Child Find, on Friday, February 13th, 2009, from 9 until noon, right here at Ellis. It is a FREE Screening for any Fremont resident who has some concerns about their child from the age of birth till 5 years of age. Contact the school at [603-895-2511 ext 425](tel:603-895-2511) for more details.

Middle School Homework Helpline

Parents or students call the school number of [895-2511](tel:895-2511) after school hours and dial one of the following extensions:

175 - 5th grade 176 - 6th grade
177 - 7th grade 178 - 8th grade.

Telephone Extensions

Nurse—dial—8

Absent & Tardy Line—dial 7

Middle School Hours—7:50—2:20

Elementary Hours—8:35—3:05

