



Ellis School Work Study Practices

Ellis School's Work Study Practices are modeled after the State of New Hampshire's Work-Study Practices. According to the Center on the Developing Child at Harvard University, "Executive function and self-regulation skills are the mental processes that enable us to plan, focus attention, remember instructions, and juggle multiple tasks successfully. Just as an air traffic control system at a busy airport safely manages the arrivals and departures of many aircraft on multiple runways, the brain needs this skill set to filter distractions, prioritize tasks, set and achieve goals, and control impulses."

Continuing this definition, the Center on the Developing Child states:

Executive function and self-regulation skills depend on three types of brain function: working memory, mental flexibility, and self-control. These functions are highly interrelated, and the successful application of executive function skills requires them to operate in coordination with each other.

Each type of executive function skill draws on elements of the others.

- **Working memory** governs our ability to retain and manipulate distinct pieces of information over short periods of time.
- **Mental flexibility** helps us to sustain or shift attention in response to different demands or to apply different rules in different settings.
- **Self-control** enables us to set priorities and resist impulsive actions or responses.

Ellis School is using terminology and indicators from the State of NH Department of Education Work Study Practices to address these critical needs that our students must learn over time to be successful and productive students and citizens. Students are **consistent, progressing** or **beginning** in using these practices in their classes.



	Self-Direction	Communication	Collaboration	Original Thinking
State of NH Department of Education and SAU #83 Work Study Practices	Students will demonstrate the ability to: <ul style="list-style-type: none"> • Persevere in completing complex, challenging tasks • Use self-reflection to influence work and goals • Engage stakeholders to gain support 	Students will demonstrate the ability to: <ul style="list-style-type: none"> • Communicate effectively using multiple modalities • Interpret information using multiple senses • Demonstrate ownership of their work 	Students will demonstrate the ability to: <ul style="list-style-type: none"> • Contribute respectfully • Listen and share resources and ideas • Accept and fulfill roles • Exercise flexibility and willingness to compromise 	Students will demonstrate the ability to: <ul style="list-style-type: none"> • Think originally and independently • Take risks • Consider alternative perspectives • Incorporate diverse resources
8th W-S Indicators	<ul style="list-style-type: none"> ✓ I can plan the steps necessary and complete an assignment. ✓ I am aware that my behavior has consequences and I am responsible for them. ✓ I can stay focused on my responsibilities. ✓ I can come to class prepared. 	<ul style="list-style-type: none"> ✓ I can share what I have learned in different ways. ✓ I can seek information to help me learn. ✓ I can justify (provide evidence of) my thinking. ✓ I can produce my own high quality work. 	<ul style="list-style-type: none"> ✓ I can start and complete my work with others. ✓ I can respectfully contribute ideas and listen to others. ✓ I can help my group stay on task. 	<ul style="list-style-type: none"> ✓ I can offer varied original ideas to solve problems using different resources. ✓ I can make mistakes and learn from the process. ✓ I can use my own ideas and do not copy those of others.



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7th W-S Indicators	<ul style="list-style-type: none"> ✓ I can come to class prepared. ✓ I can follow class routines and procedures. ✓ I can be respectful of myself, my classmates, and adults. 	<ul style="list-style-type: none"> ✓ I can be an active listener. ✓ I can express thoughts, ideas, needs and questions in different formats. ✓ I can produce my own high quality work that makes me proud. ✓ I can seek and find information to help me learn. 	<ul style="list-style-type: none"> ✓ I can work with different people respectfully. ✓ I can do my share of the work in a group. ✓ I can listen to others' ideas, share my own, and compromise to help the group stay on task and move forward. 	<ul style="list-style-type: none"> ✓ I can use my own ideas and do not copy those of others. ✓ I am not afraid to make mistakes and learn from them. ✓ I can use different resources to solve problems and complete assignments.
6th W-S Indicators	<ul style="list-style-type: none"> ✓ I can enter the classroom quietly being ready to learn ✓ I can follow classroom procedures, rules and expectations. ✓ I can stick with an assignment until I complete it. 	<ul style="list-style-type: none"> ✓ I can ask questions when I need help. ✓ I can share information in different ways. ✓ I am turning in my best work. 	<ul style="list-style-type: none"> ✓ I can work in different groups and with different people to successfully complete a task. ✓ I do my share of the work when working in a group. 	<ul style="list-style-type: none"> ✓ I can take risks, make mistakes, and learn from them. ✓ I can try different ways to solve problems and to complete tasks. ✓ I can choose the strategy that works for me.



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5th W-S Indicators	<ul style="list-style-type: none"> ✓ I can arrive at class on time prepared to learn. ✓ I can follow routines, procedures and expectations. ✓ I can guide my learning by using available resources (ex. agenda, whiteboard, peers, etc.). 	<ul style="list-style-type: none"> ✓ I can produce my own high quality work that makes me proud. ✓ I can communicate my needs and feelings in a non-accusatory way assuming the best intentions of others. 	<ul style="list-style-type: none"> ✓ I can respectfully contribute, listen and share ideas and resources when working with different people. ✓ I can practice give and take to reach a common goal. 	<ul style="list-style-type: none"> ✓ I can use common sense when faced with problems/challenges. ✓ I can take risks and learn from my successes and mistakes.
4th W-S Indicators	<ul style="list-style-type: none"> ✓ I can demonstrate self-control. ✓ I can begin a task and independently complete it in a timely manner. ✓ I can ask for help after I try it on my own. 	<ul style="list-style-type: none"> ✓ I can show what I know in a variety of ways. (ex. presentations, reports, posters, etc.) ✓ I can use my own words to state my ideas and feelings. ✓ I can research to find answers to my questions. 	<ul style="list-style-type: none"> ✓ I can work together with others to complete a task/project/activity. ✓ I am willing to work with assigned partners. ✓ I can listen to and respect others' ideas. ✓ I can do my share of the work in a group. ✓ I can be flexible when I don't get my way. 	<ul style="list-style-type: none"> ✓ I can form my own opinion and share it with my peers. ✓ I can make mistakes and learn from them. ✓ I can produce my own work. ✓ I can try a different way if I am not successful.



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3rd W-S Indicators	<ul style="list-style-type: none"> ✓ I can follow the rules of all places we go in the school day. ✓ I can ask for help when I need it after trying it alone. ✓ I can use different strategies to help me learn both academically and socially. 	<ul style="list-style-type: none"> ✓ I can ask and answer questions of my teacher and my classmates. ✓ I can express my own thinking and feelings in appropriate ways. ✓ I can have empathy for others. ✓ I can share and explain my thinking about my work. 	<ul style="list-style-type: none"> ✓ I can listen to and share ideas in a group. ✓ I can be flexible and give everyone a turn. ✓ I can work with any/all of my peers. 	<ul style="list-style-type: none"> ✓ I can try new things using my own ideas. ✓ I can make mistakes, learn from them, and keep trying. ✓ I can use different resources to help me learn. (ex. media, people, experiences, surroundings, etc.)
2nd W-S Indicators	<ul style="list-style-type: none"> ✓ I can follow the rules of the classroom. ✓ I can ask for help and show which step I don't understand. ✓ I can complete a task from start to finish. 	<ul style="list-style-type: none"> ✓ I can do my own work and do it neatly. ✓ I can use the correct speaking volume depending on the situation. ✓ I can use appropriate volume and body language when speaking to the class and be a good audience member when listening. 	<ul style="list-style-type: none"> ✓ I can work with anyone in the class. ✓ I can learn to combine my idea with others and do my share of the work. ✓ I can wait my turn and listen to others. 	<ul style="list-style-type: none"> ✓ I can think and plan more than one way to solve a task. ✓ I can make mistakes, learn from them, and keep trying. ✓ I can share my ideas.



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1st W-S Indicators	<ul style="list-style-type: none"> ✓ I can start working, keep working, and finish working on any task. ✓ I can follow the routines of the classroom without reminders. ✓ I can show verbal and physical self-control. ✓ I can raise my hand. ✓ I can use words and an appropriate tone with my friends. ✓ I can ask for help when I need it. 	<ul style="list-style-type: none"> ✓ I can share information about my school work (ex. by putting my name on my paper, asking for help, or telling what I've learned). ✓ I can do my best work to show what I know. 	<ul style="list-style-type: none"> ✓ I can take turns with a partner or in a small group. ✓ I can listen to my partner or group. ✓ I can use a nice voice to help solve a problem. ✓ I can do my job in a group. ✓ I know when things are going well or not going well in my group. 	<ul style="list-style-type: none"> ✓ I can make my own plan or work with a partner to make a plan. ✓ I can be open-minded and try different things. ✓ I can explain my ideas and I can listen to the ideas of others. ✓ I can rethink my plan.
K/Pre K W-S Indicators	<ul style="list-style-type: none"> ✓ I can manage my strong emotions in an appropriate manner. ✓ I can take care of my own needs. ✓ I can follow classroom rules, routines, and transitions with occasional reminders. ✓ I can stay on task. ✓ I can listen and follow directions. 	<ul style="list-style-type: none"> ✓ I can explain how I feel. ✓ I can present/share my work using different materials. ✓ I can engage in conversation with my peers and adults. ✓ I can attend to my friends and my teacher. ✓ I can explain how I feel to my friends. 	<ul style="list-style-type: none"> ✓ I can take turns. ✓ I can be flexible and compromise. ✓ I can work in a group and complete a task. ✓ I can participate in both large and small group activities. 	<ul style="list-style-type: none"> ✓ I can work/think independently, ✓ I can have different ideas from my peers and share them. ✓ I can consider different options when working on tasks.