

ELLIS SCHOOL NEWSLETTER

Ellis School
432 Main Street, Fremont, NH 03044

Volume 1, Issue 1
November 2, 2015

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Special points of interest:

- To Sign up for a free home account for GoNoodle:
- Go to www.gonoodle.com
- Click "Sign Up."
- Pick "Parent or Kid" and create accounts for each of your kids.

Halloween Candy BuyBack



Want a fun, new, healthy way to celebrate Halloween?

Ellis School Nurse's Office Presents our 5th Annual

Halloween Candy BuyBack

When: November 2–4

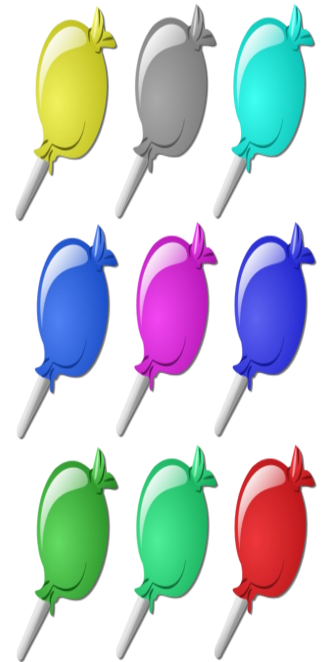
From 11:00–1:00

Where: Ellis School Lobby,
432 Main Street, Fremont,
NH 03044

- ◆ Go Trick or Treating and keep a few of your favorite sweets
- ◆ Bring your extra candy to Ellis School so we can "buy it back" and you will receive a treat bag filled with healthy alternatives

including an apple, fun prizes, healthy snacks, a toothbrush & toothpaste

- ◆ We will send all donated candy to our military troops serving overseas through the Pease Greeters. Last year we sent 559 pounds of candy!
- ◆ Participants may donate nonperishable food items for the Fremont Food Pantry in lieu of candy
- ◆ All community members are welcome to participate including daycares, playgroups, grandparents, and anyone with left-over trick or treat candy



GoNoodle!

This year Ellis School is using (and loving) **GoNoodle** – a fun and free website that helps get the wiggles out.

GoNoodle.com has hundreds of movement games and videos that get kids dancing, running, jumping, stretching, deep breathing, and more. After the kids take a quick

activity break with **GoNoodle**, they're able to really focus on learning.

If you're looking for ways to channel your child's energy, try **GoNoodle** at home!

You can use **GoNoodle** at home to:

- ◆ Energize your kids before

school

- ◆ Stop the squirmies to help them focus on homework
- ◆ Keep kids actively and safely engaged as you prepare dinner
- ◆ Calm down before bedtime

Penny Wars



Would you like to help raise money for Veterans AND get a chance to win an ice cream party for your grade! If so, get your sabotage on!

- ◆ What: Penny War
- ◆ When: November 2–6
- ◆ Where: Lunch Room
- ◆ Who: All middle school students and staff!

Penny Wars –

Where
Playing
Dirty
Helps
Us
All!



Red Cross Blood Drive



The Red

Cross Blood Drive at Ellis School will be on **Tuesday, November 10 from 2–7 pm** in the Gym. It is sponsored by the Fremont Educational Association and the Ellis School Support Staff.

Food will be served and free babysitting will be

available. Walk-ins are welcome but appointments are strongly encouraged. To make an appointment, go online to www.redcrossblood.org or call 1-800-redcross.

**Help
save
lives**



**DONATE
BLOOD**

DOG Nation PUPdate

6th Grade Dog Nation

PUP-date

Operation K9 Bark Box Campaign

Military dogs are trained in bomb, weapon, and drug detection, tracking, and to attack the enemy. They play a vital role in protecting the troops. In appreciation of these courageous canines, 6th grade Dog Nation organized a collection of canine treats, BARK BOXES, for the mili-

tary dogs overseas. A big BARK out to all who contributed to this canine cause. Students are completing their letters to the service members and military dogs that are stationed overseas. Their well wishes will accompany the Bark Boxes that are being packed and shipped to the military dogs overseas, just in time for Veteran's Day!



Next Up for the PAW IT FORWARD Patrol of Dog Nation

BONZ and BANDZ for BREEZY

During the next few months, Dog Nation will be creating awareness campaigns regarding varied service dogs. They will be sponsoring Breezy, a service dog in training. Their first fund-raising effort, to help offset the training costs, will be a BANDZ and BONZ 4 BREEZY cam-

paign. Students will be selling rubber, paw-printed wrist bands, BREEZY BANDZ, to show support for service dogs. Additionally, they will be offering tasty BREEZY BONZ treats for purchase. All profits will go directly to fund Breezy's training.

BREEZY BANDZ and BONZ will be available during middle school lunchtime. Additionally, you may help the cause by purchasing BREEZY BONZ and BANDZ at the front office. BREEZY BANDZ and BONZ will be sold November 18 through 20. Please help us PAW IT FORWARD by supporting Dog Nation's efforts.

Go Fund Me Page to Help Breezy!

<https://gofundme.com/2f7j9qjs>

