

Book titles that parents may find helpful!

Growing Teens

How to talk so kids will listen & how to listen so kids will talk.

Parents Teens and Boundaries: How to Draw the Line

1-2-3 Magic: Effective Discipline for Children 2-12

What Kids Need to Succeed: Proven, Practical Ways to Raise Good Kids

“Trust Me, Mom – Everyone Else Is Going!”

The Roller Coaster Years: Raising Your Child through the Maddening yet Magical Middle School Years

Raising Resilient Children: Fostering Strength, Hope and Optimism in Your Child

My Teenager Is Driving Me Crazy: A Guide to Getting You and Your Teenager through These Difficult years.

Not much just chillin’: The Hidden Lives of Middle Schoolers

The 7 Habits of Highly Effective Teens

The 7 Habits of Highly Effective Families

How to Say It to Teens: Talking About the Most Important Topics of Their Lives

Positive Parenting From A to Z

Teen Tips: A Practical Survival Guide for Parents with Kids 11-19

How To Say No And Keep Your Friends

The Art of Talking With Your Teenager

Raising Happy Kids

Be a Parent Not a Pushover

Choices & Consequences

Surviving Your Adolescents

All Grown Up and No Place to Go: Teenagers in Crisis

Parenting – Boys

Real Boys

Real Boys Workbook

Boy oh boy: How To Raise and Educate Boys

Parenting – Girls

Reviving Ophelia: Saving the Selves of Adolescent Girls

Ophelia's Mom

Queen Bees & Wannabees

Odd Girl Out: The Hidden Culture of Aggression in Girls'

Packaging Girlhood: Rescuing Our Daughters from the Marketers' Schemes

Girl Wars: 12 Strategies That Will End Female Bullying

Parenting – Divorce

Helping Your Kids Cope with Divorce

Parenting – Grief

The Grieving Child

Why Did Daddy Die: Helping Children Cope with the Loss of a Parent?

Prevention

Ten Talks Parents Must Have with Their Children about Drugs and Choices

Parenting for Prevention

Adolescent Drug & Alcohol Abuse

Bullying/Harassment

Bullies to Buddies

Easing the Teasing: Helping Your Child Cope with Name Calling, Ridicule and Verbal Bullying

Stick Up for Yourself: Every Kid's Guide to Personal Power and Positive Self Esteem.

ADHD

Sometimes I Drive My Mom Crazy, But I Know She's Crazy About Me: A Self Esteem Book for ADHD Children

A Bird's Eye View of the World: Life with ADD and ADHD